

TRAFFORD WATERSPORTS CENTRE

Centre Information.

Address:

Trafford Watersports Centre

Rifle Road,

Sale,

Manchester,

M33 2LX. (Using Maps & searching 'Trafford Watersports Centre' is the most accurate).

What 3 Words:

///Sounds.Heavy.Visit

Facilities:

Toilets. (Normal & Disabled).

Changing Rooms/Shower. (Normal & Disabled).

2 Training Rooms. (Subject to Hire).

Parking:

There is parking available on site.

Tuck Shop/Refreshments:

There is a tuck shop available for school holiday clubs.

The Boathouse Restaurant is located on the top floor of the building.

Dogs:

Dogs are allowed on site but must be kept on leads at all times.

Seating:

Seating can be found alongside the lake.

Parents/Guardians:

Parents or guardians need to stay on site with participants under the age of 16 unless they are completing an instructed session. (Mini Adventure, Family Adventure, Courses, Holiday Clubs, etc.)

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Clothing & Equipment:

All safety and instructional equipment is provided. We do not provide wetsuits for water activities.

We recommend you check the weather before your visit to us to ensure that you are dressed for the appropriate weather.

Water Activities:

We recommend you wear something a little older that you don't mind getting wet or dirty and nothing too heavy that will hold water. Closed toe shoes that are secure to the feet must be worn at all times. We advise to bring a change of clothes and a towel for after your activity.

Land Activities:

We advise that you wear something comfortable and breathable for our land activities.

Multiple Activities (Courses, School Holiday Clubs etc):

If you are participating in more than an hours activity with us we recommend to bring 1 or 2 changes of clothes per day so that you are comfortable, dry and warm.

Please remember to bring lunch, a refillable drinks bottle and a bag to keep your belongings in.

Example Kit List:

Please note this list is an idea and not exhaustive and will change with the season:

- T-Shirt
- Fleece/Jumper
- Tracksuit Bottoms / Trousers (No jeans)
- Training Shoes / Trainers (No wellies, flip flops or sliders)
- Hat & Gloves
- Waterproof Top & Trousers
- Sun Cream & Sun Hat